

Reablement team profile

Who is in Reablement Team?

In the Reablement Team there are Occupational Therapists, Social Workers, Assessment and Enablement Officers, Business Support Officer, Team Manager and Lead practitioners.

What does your team do?

In the Reablement Team we:

- work with people for a short time, and provide a targeted intervention that looks to restore a capability to self-care that an individual has recently lost following an illness; visit to hospital; or as the result of some form of trauma such as an accident or a fall
- are a goal focused service and work with people to help them set goals to work towards regaining independence in areas such as personal care, washing and dressing, meal preparation, and medication management
- We review how the adult is progressing with their goals after 10 days and decide if they have met their goals and can return to living independently, need further reablement or need ongoing care
- We usually provide reablement for a period between 1 and 4 weeks, occasionally slightly longer
- At the end of reablement if an adult does need ongoing care we will support them to organise this and if required apply to panel for ongoing packages of care
- We often refer adults to voluntary agencies in the community for ongoing support after reablement

Who do you work with regularly?

We work with the adults who are referred to our service, their carers, families and friends.

We work closely with Social Care Direct, Hospital Social Work Team, Urgent Response Team and Hospital Therapy Teams as this is who we accept referrals from. We also work very closely with Your Choice Barnet as they provide reablement care and the voluntary community sector such as Red Cross as they provide shopping services.

Where do you fit into the customer journey?

If a customer had a recent illness that has affected their function they would come to us for reablement to help them to regain their independence and prevent them from needing ongoing care services.

Anything else you would like your colleagues to know about your team?

Someone has worked in Barnet for 16 years!

There is no charge for reablement but it is not a free six week care package

Reablement is only for residents that meet the referral criteria.

Adults must want to participate in reablement when they are referred.

When we get a referral a risk assessment must be done by Your Choice Barnet before the reablement can start.