

Children's Centres

Autumn Term 02.09.24- 20.12.24

(Separate half term timetable for 28.10.24-01.11.24)

Fairway
A Sure Start Children's Centre

Silkstream
A Sure Start Children's Centre

Wingfield
A Sure Start Children's Centre

Monday

Stay and Play
9.30 – 11am 0 – 5 years
Starts 09.09.24

Baby Group
9.30 – 11am 0 – 18 months
Stay and Play
1 – 2.30pm 0 – 5 years

Stay and Play at OneStonegrove HA8 8BN
10 – 11.30am 0 – 5 years
Baby Group at OneStonegrove HA8 8BN
12 – 1pm 0 – 12 months

Tuesday

Baby group
10 – 11.30am 0 – 18 months
Starts 10.09.24
Health Promotion Workshops,
Please turn over

Stay and Play
9.30 – 11am 0 – 5 years
Messy Play 01.10.24
Fun with Science 05.11.24

Stay and Play at Canada Villa NW7 2BU
10 – 11.30am 0 – 5 years
Baby Group at Canada Villa NW7 2BU
12 – 1pm 0 – 12 months
Groups start 17.09.24

Wednesday

Stay and Play at Broadfields School HA8 8JP
9.15 – 10.45am 0 – 5 years
Starts 25.09.24 – Ends 20.11.24
Cooking on a Budget Workshop 04.12.24

Stay and Play
1 – 2.30pm 0 – 5 years

Stay and Play at Greentop NW9 5WR
12.30 – 2pm 0 – 5 years

Thursday

Stay and Play
9.30 – 11am, 0 – 5 years Starts 26.09.24
Developmental Baby Massage 1.30 – 2.30pm,
8 weeks to 18 weeks, 7.11.24 – 21.11.24,
Booking required

Baby Group
1 – 2.30pm 0 – 18 months
Chatty Children 12.09.24 or 28.11.24
Adjusting to Parenting 10.10.24
Mindful Breastfeeding 24.10.24

No Sessions

Friday

Baby Group
1.30 – 3pm 0 – 18 months
Starts 27.09.24

Stay and Play
9.30 – 11am 0 – 5 years

Baby Group at Greentop NW9 5WR
12.30 – 1.30pm 0 – 12 months

Children's Centres

Fairway

A Sure Start Children's Centre

Fairway Children's Centre (based at Fairway School)

The Fairway, Mill Hill NW7 3HS

Tel: 020 8359 3730 • childrenscentre@fairwaycc.barnetmail.net

Silkstream

A Sure Start Children's Centre

Silkstream Children's Centre

Silkstream Road, Edgware HA8 0DA

Tel: 020 8905 7605 • Silkstreamcc@barnet.gov.uk

Wingfield

A Sure Start Children's Centre

Wingfield and Stonegrove Children's Centre

C/O Barnet and Southgate College, Colindale, 7 Bristol Avenue
(formerly Lanacre Avenue) London NW9 4BR

Tel: 020 8359 3510 • childandfamilyhub-west@barnet.gov.uk

For more information about Children's Centre visit:

www.barnet.gov.uk/childrenscentres



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'Barnet Child and Family Early Help'

Caring for people, our places and the planet

West Locality

<p>ESOL – English Conversation for Beginners with Maths – Fairway: Fridays 9.15 – 11.15am, Booking Required Starts 20.09.24 – ends 06/12/24</p>
<p>Chatty Children Workshop – Join us for practical advice and fun ways to encourage talking and understanding for your child – Silkstream 12.09.24 or 28.11.24, 10 – 11am Booking required</p>
<p>Cooking on a Budget Workshop – An adult and child cooking workshop preparing meals on a budget – 2 – 3 years, Fairway 04.12.24, 1 – 2.30pm Booking required</p>
<p>Developmental Baby Massage – 3 week course for babies 8 – 18 weeks old – Fairway 07.11.24, 14.11.24, 21.11.24, 1.30 – 2.30pm Booking required</p>
<p>Messy Play Workshop- Enjoy a chance for you and your child to get messy and learn about the benefits of messy play – 2 – 5 years, Silkstream 01.10.24 1.30 – 2.30pm Booking required</p>
<p>Fun with Science – Come and explore fun science activities with your child and learn how to experiment with your mini professor at home – 2 – 5 Years Silkstream 05.11.24 1.30 – 2.30pm Booking required</p>
<p>Adjusting into Parenting- For new mums to learn how to manage the transition into motherhood – Silkstream 03.10.24 10 – 11am – for parents of children up to 2 years Booking required, MUST be registered with a Barnet GP</p>
<p>Mindful Breastfeeding – A wellbeing workshop focused on breastfeeding for mums – Silkstream 10.10.24 10 – 11am – For parents of children up to 2 years Booking required, MUST be registered with a Barnet GP</p>

Health Promotion Workshops at Fairway

1.30 – 2.45pm **Booking required**

<p>Introduction to Solids (Suitable from 5-6 months)</p>	<p>24.09.24 12.11.24</p>
<p>Toilet Training (Suitable for 18 months plus)</p>	<p>01.10.24</p>
<p>Sleep Management Routines (Suitable from 8 months plus)</p>	<p>08.10.24</p>
<p>Managing Mealtimes, Healthy Eating (Suitable from 8 months plus)</p>	<p>22.10.24</p>

Baby Self-Weighing Services

<p>Fairway Please call to book</p>	<p>Wednesday and Thursday 9am – 3pm</p>
<p>Silkstream Please call to book</p>	<p>Thursday and Friday 9am – 3pm</p>

Parenting Course

<p>Incredible Years Parenting Programme Call 020 8359 3510 for further information</p>	<p>Tuesday 24.09.24 – 10.12.24 9.30am – 12.30pm</p>
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