



0-19 Early Help Hubs

AVA/CODA Domestic Violence Program

The Early Help Team in Barnet are offering a 12 - week Women's Support Group for women who have experienced domestic violence and have children living in Barnet.

This group aims to support the non-abusive parent to promote safer relationships, raise their self-esteem, increase their understanding of conflict, and address their children's needs. It is preferable that women are separated from the perpetrator. The group aims to help women understand the impact of domestic violence and conflict on children and young people.

Parenting techniques are covered in the context of when children have lived with abuse.



The course starts on Tuesday 9th January 2024 from 11:15am - 1:15pm; will be held at The Hyde Children's Centre. The course will run over 11 weeks and exclude school holidays.

As a participant in the course, you will be expected to attend every week. However, we respect this may not be possible and ask that you inform us as soon as you know you are unable to attend. Refreshments will be available. Please let us know in advance of any dietary requirements you may have.

**If you are interested, please contact the 0-19 South Hub Team:
02083593590
Creche available.**



www.barnet.gov.uk/0-19

