

barnetfirst

The council magazine bringing you news and community information

Summer Edition July 2021



DISCOVER BARNET

Presents

SUMMER 2021 FESTIVAL

JULY TO SEPTEMBER | **VARIOUS LOCATIONS ACROSS THE BOROUGH**

ACTIVITIES FOR ALL AGES | **OPEN AIR THEATRE** | **LIVE MUSIC** | **COMMUNITY CARNIVALS** | **FOOD AND DRINK**

Youth First
8-PAGE SUMMER SPECIAL INSIDE

COME TOGETHER AND ENJOY SUMMER SAFELY. www.engage.barnet.gov.uk/discoverbarnetpresents



DISCOVER BARNET PRESENTS CONTINUES THROUGHOUT THE SUMMER. VISIT THE WEBSITE FOR THE FULL PROGRAMME.

COME TOGETHER AND ENJOY SUMMER SAFELY. www.engage.barnet.gov.uk/discoverbarnetpresents

Message from Cllr Dan Thomas, Leader of Barnet Council

Thanks to the incredible success of the COVID-19 vaccination programme, we are enjoying a tentative return to normality in Barnet. We are learning to live with the virus, and with caution we are regaining the freedoms we had before the pandemic. Of course, we all have our part to play - vaccination is the best way to contain the spread of COVID-19, along with regular rapid testing.

As we start to recover from the economic damage of COVID-19, the mantra is 'build back better'. Barnet Council is supporting residents and local businesses, especially those most affected by the virus and lockdowns, utilising Government COVID-19 funding. We have also increased the budget for local community infrastructure projects to £1.2million per year. This is administered by our three area committees in line with locally agreed criteria; please approach your councillors if you have a project in mind.

The council continues to provide financial assistance to householders whose incomes have been hit through loss of work. We are working with a range of education and vocational training partners to ensure our children and young people have the best possible start in life.

Our Discover Barnet campaign champions local businesses, which are the backbone of our high streets and town centres. Building on this is our inaugural Discover Barnet Presents... Summer Festival 2021. This is an exciting programme of outdoor events across the borough's parks and green spaces offering live music, theatre, carnival and food and drink. These family-friendly events offer something for everyone and most will be free of charge.

We love our parks and green spaces, and in the lead up to summer the council has invested in extra bins and frontline staff. Teams of council employees and local volunteers also took part in our clean-up campaign 'Pick it, Bag it, Bin it, Barnet'. All we need now is good weather!

I hope you enjoy the summer and all that Barnet has to offer.



Councillor Dan Thomas,
Leader of Barnet Council



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COVID-19: taking the next steps safely

Summer 2021 brings with it hope. COVID-19 rates are lower than at the start of the year and the vaccination programme has now given out over 50 million jabs across the UK. As a result, all national restrictions are being lifted from 19 July.

We should be proud of the sacrifices that we all made during lockdown to bring down rates of the virus and the way in which many of us came forward to get the vaccine.

However, COVID-19 has not gone away. New variants of the virus have emerged in recent months which spread at faster rates and, as society opens up, people will have more opportunity to mix and spread the virus.

However, there are a few things that we can do now to slow down the rise in cases.

1. Get both doses of the vaccine as soon as you can

soon as you can. The vaccine is now available to everyone over the age of 18 and you can book your second vaccine after eight weeks. Two doses of the vaccine remains the best protection that we have against COVID-19 and the way out of the pandemic in the long term. The vaccines are safe, highly effective, and have already saved thousands of lives. Book an appointment for your second dose as soon as you can as that gives fuller protection. If you are eligible, you will receive an invite from your GP. However, you can also book your vaccination on the national website: Book or manage your coronavirus (COVID-19) vaccination - NHS (www.nhs.uk). There are a number of walk-in facilities in North Central London. For up-to-date information, please visit: bit.ly/3dXhDxg



Get the vaccine as soon as you can

2. Get tested regularly.

Get free rapid COVID-19 tests twice a week if you have no symptoms as you may still be able to spread the virus to others. One in three people with COVID-19 do not experience any symptoms and may be spreading the virus without knowing. Rapid tests are now available to everyone who does not have symptoms to take twice a week. Find out how to get tested at: bit.ly/2Vomilw



Get tested regularly

3. Hands, Face, Space and Fresh air.

Although they are no longer compulsory, following these basic steps will reduce your risk of catching and spreading COVID-19. It is still recommended for everyone, especially people who are Clinically Extremely Vulnerable, to wash your hands regularly, wear a face covering in public indoor spaces, keep a distance between those who are you not in regular contact as often and make sure that enclosed spaces are well ventilated when households are mixing. Some local businesses across the borough may decide to continue with additional precautionary measures beyond 19 July. It is important to respect their decisions and follow local recommendations, if you are entering their premises.

Taking extra care when travelling in the UK will also help reduce the spread of COVID-19. If you're going to travel, plan ahead and travel safely. Follow all public transport safety guidelines, walk or cycle if you can. Please check rules regarding international travel before planning any trips abroad.



Remember Hands, Face, Space and Fresh air



**KEEP
BARNET
SAFE**

Together,
**WE ARE
BARNET**

NHS

Three generations of family, two vaccine doses, and one aim – to stay safe

Charlotte (28 years old) lives in Barnet and got the COVID-19 vaccine as soon as she became eligible.

Her dad (57 years old) also got the vaccine as soon as he could, as did her grandparents (89 years old).

‘2020 was the first year when my family didn’t celebrate birthdays or Jewish festivals together.

‘My grandparents didn’t leave the house for the first eight months of the lockdown. My dad and I were always bringing them food and other necessities, leaving the shopping bags at the door, and then waving at my grandparents from a distance’.

‘No one in my family had the slightest hesitancy in getting the jab – we all trust the science and knew the vaccine was the only way to stay safe and return to a normal life.

‘My dad drove my grandparents to their vaccination appointment for both their doses. A month after getting their second dose, my grandparents felt safe enough to run errands at their local shops and go shopping in Brent Cross.

‘They are still cautious and avoid big crowds, but they now feel safer when enjoying the small things. My dad gradually went back to the theatre and I finally felt safe enough to sit next to my grandma – this month I hugged her for the first time since February 2020.

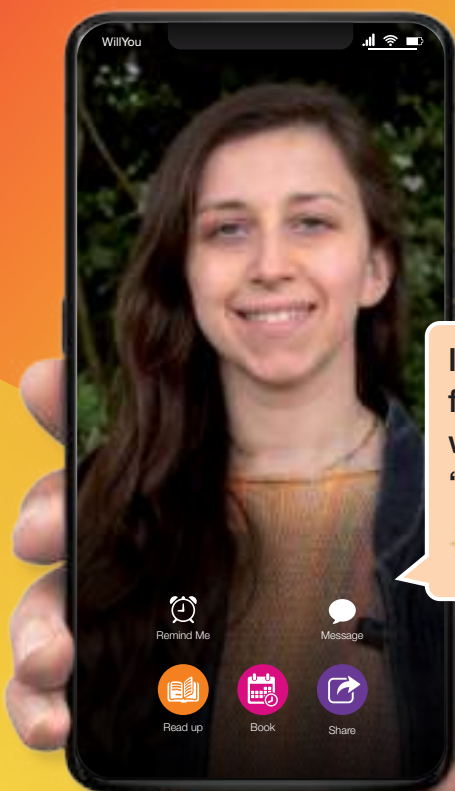
‘They are now all fully vaccinated, but they have still been following all national guidelines.

‘The vaccine helps stop us getting seriously ill, but we may still be able to spread the virus to others in the community. I will probably keep wearing a mask in indoor public spaces even when this is not a legal requirement anymore.’

There are people, like children, who cannot get a vaccine for now and are not protected from the virus.

When asked about what they’d tell people who are still hesitant to get the jab, Charlotte focused on how much the vaccines have helped humankind since the early 1900s and that the COVID-19 vaccine is just another one that allows us to safely share important moments with our loved ones.

Charlotte’s dad summarised: ‘Let’s get the jab to beat the crisis and bring families together!’



I can’t wait to meet family and friends without worrying ‘what if?’
☀️ 👤 🏠 📺 ❤️
16.55 ✓✓

What are YOU waiting for?

CHARLOTTE'S HAD THE VACCINE, WILL YOU?





BARNET'S FIRST EVER

SUMMER — 2021 — FESTIVAL

**THROUGHOUT JULY TO SEPTEMBER,
DISCOVER BARNET PRESENTS IS BRINGING
A SUMMER TO BARNET LIKE NO OTHER**

and everyone is invited!

COME TOGETHER AND ENJOY SUMMER SAFELY. www.engage.barnet.gov.uk/discoverbarnetpresents



The summer festival's packed programme features community carnivals, live music, artisan food markets, open air theatre, street performers, and activities for the whole family. Barnet Summertime, a community-focused festival, will take place over the August bank holiday weekend.

EMBRACE THE STAYCATION THIS SUMMER AND MAKE THE MOST OF WHAT'S ON YOUR DOORSTEP!

THE MAJORITY OF THE PROGRAMME'S EVENTS AND ACTIVITIES ARE FREE TO ATTEND.

Discover Barnet Presents encourages the safe return to our town centres, high streets, parks and open spaces. Everyone is invited to come together safely and celebrate local talent, local businesses, local communities and everything that makes Barnet a great place to live.



LET'S CELEBRATE SUMMER SAFELY

Please ensure you follow government guidelines when attending any Discover Barnet Presents events. All events are taking place outside and will be delivered in line with government guidelines. Do not attend if you have symptoms of COVID-19 – stay at home.





PROGRAMME HIGHLIGHTS

COMMUNITY CARNIVALS

24 & 25 July,
North Finchley Community Carnival,
Lodge Lane Car Park

21 & 22 August,
Edgware Community Carnival,
Boardwalk Car Park

Barnet's Community Carnivals are bringing a festival feel to our high streets and town centres with plenty to entertain kids and adults alike. From arts and crafts to funfairs or a cold drink at the bandstand, come along and soak up the summer fun with family and friends. Showcasing local talent, the free-to-attend Community Carnivals will feature local food and drink, live music, workshops and activities for all ages, and more.

BARNET SUMMERTIME

28 & 29 August,
Barnet Playing Fields

The perfect grand finale of Discover Barnet Presents... come together safely to enjoy a bank holiday two-day festival of music right on your doorstep! Keep checking the website and follow us on social media @BarnetCouncil #DiscoverBarnetPresents to be the first to hear the line-up announcements.



WALKABOUT TOWN CENTRE PERFORMANCES

17 & 18 July, **Cricklewood**

31 July & 1 August, **Golders Green**

7 & 8 August, **Burnt Oak**

14 & 15 August, **West Hendon**

Watch out for the weird, the wonderful and the joyful in some of Barnet's town centres this summer as Discover Barnet Presents Walkabout performances across Burnt Oak, Golders Green, Cricklewood and West Hendon. See your high street come alive with a wacky procession of talking hedges, enormous bubbles, giant technicolour butterflies, a roaming brass band and more.

DISCOVER BARNET PRESENTS: FRINGE FESTIVAL, VARIOUS DATES AND LOCATIONS

A programme of events produced in partnership with local organisations and individuals are also forming a dynamic mix of Discover Barnet Presents fringe events. From open air theatre to craft workshops to Dr Bike sessions and the RAF Museum's returning Spitfire 10k, keep checking the website for the latest programme updates.

Programming may be subject to change



COME TOGETHER AND ENJOY SUMMER SAFELY. www.engage.barnet.gov.uk/discoverbarnetpresents



DISCOVER
BARNET
Presents
**SUMMER
2021
FESTIVAL**

BE THE FIRST TO KNOW

The full programme of events will take place at various locations throughout the borough – with a continually growing line-up available on the website:

**[www.engage.barnet.gov.uk/
discoverbarnetpresents](http://www.engage.barnet.gov.uk/discoverbarnetpresents)**

Email

barnet.first@barnet.gov.uk
to join the mailing list and be the first to know as further programme dates and details are announced.

GET INVOLVED

Want to volunteer at an event? Want to perform? Want to trade at an event? The council is seeking local individuals, organisations or businesses who want to get involved in the Discover Barnet Presents programme. Visit

**[www.engage.barnet.gov.uk/
discoverbarnetpresents-get
involved](http://www.engage.barnet.gov.uk/discoverbarnetpresents-getinvolved)** to download the information pack and email **barnet@theeventumbrella.com** to register your interest.

Discover Barnet Presents is part funded by the European Regional Development Fund and HM Government.

We mark 550th anniversary of the Battle of Barnet

Barnet Council has marked the 550th anniversary of the Battle of Barnet by restoring the monument that commemorates the conflict ahead of a forthcoming medieval festival.

Hadley Highstone is a Grade II-listed plinth-mounted stone obelisk, located at the junction of Kitts End Road and the A1000 in Chipping Barnet, and dates back to 1740.

Our cleaning and conservation work in spring this year helped return the structure to its original state ahead of a ceremony to mark the battle, fought on 14 April 1471.

Medieval festival

The restoration took place ahead of the anticipated Barnet Medieval Festival, which is scheduled to take place on the weekend of 11-12 September at Barnet Elizabethans RFC.

The event will feature battle re-enactments, gunnery, archery displays, living history encampments, music and dance, a medieval market, and children's activities.

The festival has been rescheduled from its original dates in June to give it the best possible chance of going ahead as COVID-19 restrictions are lifted. Please check the organisers' website for the latest information before making any plans: barnetmedievalfestival.org

The place where the Battle of Barnet occurred – in the area around Hadley Highstone – is now protected as London's only registered battlefield site.

Learn more at: barnetmuseum.co.uk and barnetmedievalfestival.org



New Mayor sworn in

Councillor Alison Cornelius has become the 56th Mayor of Barnet after being officially sworn in during the Annual Council Meeting held on 25 May.

Councillor Cornelius was elected to Barnet Council in 2009 as a Councillor for Totteridge Ward and is currently Chairman of the Health Overview and Scrutiny Committee.

She also sits on the Totteridge Residents' Association Committee and is a member of St Andrew's Church, Totteridge, Parochial Church Council. She was Deputy Mayor in the municipal year 2015-2016.

The Worshipful the Mayor of Barnet, Councillor Alison Cornelius, said: "This is a tremendously proud moment for me. I have lived in the borough for many years and it is a real privilege to be appointed as the Mayor of Barnet for the coming year.

"Barnet is a fantastic place in which to live and I am thoroughly looking forward to meeting many of its wonderful residents during what I hope will be a busy mayoral year.

"May I take this opportunity of thanking Councillor Caroline Stock for her hard work and dedication to the borough over the past two years: she has been an exceptional Mayor and will be a very hard act to follow."



Councillor Alison Cornelius

The Ultra Low Emission Zone is expanding

Have you checked your vehicle?

From 25 October 2021, the central London Ultra Low Emission Zone (ULEZ) is expanding to create a single, larger zone up to (but not including) the North Circular Road (A406) and South Circular Road (A205).

Four out of five cars already meet the ULEZ emissions standards, but if yours does not, you need to take action now. Check your vehicle and use the interactive map to see where the ULEZ zone is expanding to in Barnet:

www.tfl.gov.uk/ulez-2021



Let's push things forward: the plan for a better Barnet

The Barnet Plan
2021-2025

Earlier this year, Barnet Council published its four-year plan for how it will continue to make Barnet a great place to live, work, and study.

Called The Barnet Plan 2021-2025, it sets out four ways it will improve living in the borough for every resident – ensuring it is clean, safe and well-run; it is family friendly; everyone can enjoy a healthy environment; and investment in thousands of new homes and infrastructure like highspeed broadband, as well as the creation of many more local jobs.

Residents have their say

The Plan has been developed following telephone surveys with 500 residents and in response to the wide-ranging effects of COVID-19 on everyone who calls Barnet home. It builds on the borough's strengths – excellent schools, vibrant town centres, unique green spaces and diverse communities. The Plan also reflects how the council is working with local organisations to give all communities the services and opportunities they need to thrive.

The Residents' Perception Survey found that:

- 83% of residents are satisfied with their local area as a place to live, which is higher than the London average
- 85% view Barnet as a family-friendly place
- 62% agree that Barnet is a place that supports you to live a healthier life
- 90% feel people from different backgrounds get on well together and 85% feel they belong to their local area

When asked what priorities were important to them, residents said their top three are:

- keeping the borough clean and green
- making neighbourhoods safer
- ensuring services are easy to access and well run

The council and its partners will focus on four priorities over the next four years to realise our vision:



Clean, safe and well-run

A place where our streets are clean and anti-social behaviour is dealt with so residents feel safe. Providing good quality, customer friendly services in all that we do.



Family Friendly

Creating a Family Friendly Barnet, enabling opportunities for our children and young people to achieve their best.



Healthy

A place with fantastic facilities for all ages, enabling people to live happy and healthy lives.



Thriving

A place fit for the future, where all residents, businesses and visitors benefit from improved sustainable infrastructure and opportunity.

We will deliver our vision using a preventative approach and considering equalities in all that we do:

Prevention

Adopting preventative measures to help people remain healthy, happy and independent in all aspects of life.

Equality

A strong cohesive community, where diversity is celebrated, and everyone has equal opportunity regardless of their background. A place with fantastic facilities for all ages, enabling people to live happy and healthy lives.

Cllr Dan Thomas, Leader of Barnet Council, says:

"Our ambitious Barnet Plan sets out how we will continue to foster a healthy, thriving, family-friendly environment for all of our diverse communities. We will keep Barnet green, our streets clean, and every person in the borough feeling safe and secure.

"Alongside large projects, such as installing highspeed broadband connection for all residents and businesses, investing £6m in road resurfacing and pavement repairs, and building a new town in Brent Cross, we will

increase our investment in our parks and open spaces, street cleansing and tackling anti-social behaviour.

"We already have a Barnet to be proud of; in this plan, we will create a borough ready for the future by playing to our strengths."



Read the Barnet Plan Visit: www.barnet.gov.uk/the-barnet-plan



PICK IT, BAG IT, BIN IT, BARNET!

We launched the 'Pick it, bag it, bin it, Barnet' anti-littering campaign this summer, and more than 150 groups signed up to help make our parks and open spaces cleaner.

The campaign targets more than 20 locations that have been identified as littering hotspots.

The rubbish-collecting mission – which includes both council staff and volunteers – is part of Keep Britain Tidy's Great British Spring Clean. The drive coincides with the council's recent investment in more frontline staff, waste collection services and extra bins to keep Barnet's much-loved parks and town centres clean and litter-free.

Usually desk-bound council staff are also taking part in the effort, heading out to collect litter wherever it rears its ugly head!

The litter-picking locations include the Dollis Valley Greenwalk, Edgware's Stoneyfields Park, and the Silk Stream Brook as it passes through Montrose Playing Fields and Silkstream Park.

Leader of Barnet Council, Councillor Dan Thomas, said: "We love Barnet, and we hope you do too. Our litter-pickers and street-sweepers are constantly out there, doing their bit to keep our borough clean and tidy.

"Unfortunately, they can't be everywhere all at once, and sometimes there are certain areas that need that extra bit of TLC to get them looking spick and span. Please do help us fulfil our vision of creating a borough that's as free as rubbish as humanly possible!"

"IT'S BEEN GREAT TO GET TOGETHER OUTDOORS, BUT MORE IMPORTANTLY TO DO SOMETHING FOR THE AREA, TO DO SOMETHING THAT HELPS THE ENVIRONMENT."



Litter pickers of all ages have helped keep our parks tidy

Free high-vis vests, bin bags, bin bag hoops, litter pickers, gloves, and more, are still available to anyone who wants to take part.

The council would like participants to notify strategy@barnet.gov.uk of the details of their litter pick. This includes where they will leave the bin bags of rubbish they collect, and at what time – so prompt collection can be arranged.

Why not get involved?

It's not too late to sign up – as an individual or a group – if you'd like to do your bit to help make Barnet a better place to live in. There are many volunteering groups who'd welcome new participants. Please email strategy@barnet.gov.uk if you'd like to get involved.

Louise Froggett, Community Development Director for the New North London Synagogue, took part in a litter pick:

"I heard about the Barnet clean-up campaign, and I thought it would be a really nice opportunity for people to get together and socialise, which we haven't been able to do in a long time.

"IT WAS VERY SATISFYING USING THE LITTER-PICKER-UPPER AND I HOPE THAT OTHER GROUPS WITHIN OUR COMMUNITY WILL ALSO DO SOME OF THESE LITTER PICK-UPS."



"IT WAS A REALLY FUN COUPLE OF HOURS OUT. EVERYONE REALLY ENJOYED IT, AND IT WAS JUST NICE TO BE TOGETHER."

Louise Froggett

Join the fight back against the fly-tippers

Over the last year or so, many of us have spent more time than ever in and around the areas where we live. The cleanliness and upkeep of our neighbourhoods, town centres and favourite parks and open spaces has never been more important to us.

But fly-tippers don't care. These pests are a scourge on our streets, blighting neighbourhoods and causing distress and inconvenience to residents, visitors and businesses.

It costs Barnet council over £500,000 a year to clean up the mess fly-tippers leave behind.

Last year alone we cleaned up over 1,600 tonnes of fly-tipped waste, the equivalent weight of 20,000 fridges.

Well enough is enough.

This summer we are launching a new anti-fly-tipping initiative. We will team up with local communities, businesses

and anyone who lives or works in the borough and hates fly-tipping.

In the autumn, we'll be launching a new app to make it easier than ever before to instantly report a fly-tip anywhere in the borough.

We'll also be taking on the fly-tippers themselves, installing more mobile CCTV cameras in fly-tipping hotspots and making the penalties crystal clear - be it a potentially unlimited fine, prosecution or even having a vehicle seized and crushed.

Together, we can make Barnet the last place anyone would fly-tip.



Just three of the fly-tips cleared on one morning in June



To find out more or report a fly-tip, visit www.barnet.gov.uk/flytipping

Looking after your local area this

The Street Scene Team have been working hard this summer to clear your local parks and green spaces of litter. Below are some photos before and after the team tackled mess left in parks.



If you are out and about perhaps going to the shops or to your local park, please remember to:

- ✓ put your rubbish in a litter bin or take it home with you if the bin is full
- ✓ don't leave your rubbish next to a full bin
- ✓ contact us if you spot litter in your area by visiting: www.barnet.gov.uk/reportaproblem

Recycling trial at Grahame Park Estate

Back in March we partnered with **Barnet Homes** to roll out a six-month trial to improve recycling on Grahame Park estate in Colindale.

We have made it easier for residents in these blocks, and aim to cut down on the amount of non-recyclable items being put into recycling.

There are six blocks involved in the trial and they were given new recycling bins in March. Households in these blocks received details about what can be put in these recycling bins along with a free reusable bag to store their recycling.

We are now four months into the trial and results show it has been a success so far!

This is based on most of the new recycling bins being used for the correct items, and a reduced level of contamination. So a huge thank you goes to all the residents involved!

The trial is helping us to highlight ways to improve recycling that we may be able to use in other parts of the borough.



Recycling at Grahame Park

These items can be put in your communal recycling bins




No black bags or carrier bags. Recycling should be placed loose into the bins.

Top tip Keep hold of the blue reusable bag we have posted to you in your home to collect your recycling. Once full, empty the contents of the bag into the recycling bin, and keep the bag to use again.

By recycling you are helping to:

- ✓ save money that can be used on other important council services
- ✓ reduce recycling costs by being more efficient
- ✓ make new things from items you have recycled instead of using new raw materials
- ✓ reduce your environmental impact

Thank you for recycling







Summer #cleanerbarnet

An update from our Recycling and Waste team

Look out for our new fleet of bin collection vehicles!

Towards the end of 2020 we took delivery of 48 new recycling and waste collection vehicles. The new vehicles will cut the level of emissions, and improve reliability.

Compared to our old fleet, these vehicles are more effective, with additional safety features for other road users and better manoeuvrability through rear steer axles.

These new vehicles means the council is now compliant with the requirements of the Ultra Low Emissions Zone (ULEZ).



Meet one of the Recycling and Waste team

Mark Deacon, Recycling and Waste Operative, tells us about his experience emptying bins around the borough:

“I’ve been working for Barnet Council as a refuse loader for the past 15 months. I’ve met lots of residents who tell us how much they value the work we and our street cleaning colleagues do throughout the borough, we enjoy that.

“One of the difficulties we regularly deal with is busy roads and impatient drivers but we make sure we find a way through so we can do our job.”

Mark is currently in the process of completing an apprenticeship to gain the skills, knowledge and abilities required to be a high-performing professional driver:

“I’m very happy to be taking part in the apprenticeship scheme that Barnet have offered to me. The opportunity to improve my English and Maths up to an NVQ level is amazing and to get the opportunity to get my LGV licence will be a huge benefit for my future. I’ve already learned that patience is key to driving safely.”



Book your business waste collection



The council offers a low cost and reliable recycling and waste collection service for businesses in Barnet. We offer both bin and sack collections. Prices are competitive with no VAT or charges for your annual Waste Transfer Note. Contact us through the details below for more information about setting up a contract.

Skip and grab hire

Whether you're a resident, run a business, have an industrial premise or are a developer, you can use our skip hire or grab hire services to help you get rid of large amounts of waste.

Our prices are competitive with no hidden costs, and services are available on an ad hoc or contract basis.



Bulky waste collections for businesses

Use our large and bulky waste collection service to remove your larger items. We collect large appliances, furniture and much more! This service is available to all businesses in Barnet.



Find out more about any of these services, or contact us for a quote:

0208 359 5051 csi@barnet.gov.uk

You can also find out more on our website at www.barnet.gov.uk/businesswaste

Youth First

INSPIRING A GENERATION

SUMMER
SPECIAL

SPOTLIGHTING YOUTH-OWNED ORGANISATIONS



Stolen Dreams

Stolen Dreams UK was founded in 2017 by Ishaan Shah with the mission of engaging with young people and government ministers internationally to fight against modern slavery.

17-year-old Ishaan has a passion for campaigning against modern slavery and puts himself forward on various policy-influencing platforms, both locally and internationally. He represents his local community in Barnet and London Youth Assemblies, and as a United Nations Youth Delegate and Y7 (G7) Ambassador, he represents the UK in meetings with some of the world's biggest leaders.

"I work with and spend considerable amounts of my time with organisations, survivors, policymakers, academics and writers, learning about modern slavery from the best minds in the world. I have travelled deep into the anti-slavery movement, always learning at speed. I am not a leading expert by any means, and I do get schooled weekly – but I am an award-winning activist who has a deep enough understanding of the issue. Most importantly, I am trying to get people to understand a reality; that slavery and exploitative practices are deeply embedded into the socio-economic fabrics of our societies and global systems. Today, there are over 45 million people in slavery globally.

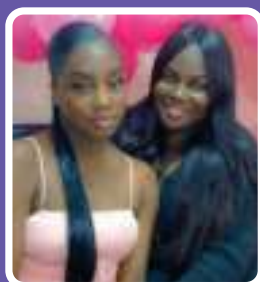
"In the UK, there are estimated to be over 100,000 victims and the pandemic has led to an increase in vulnerable people open to exploitation. However, we can play a part in tackling modern slavery by educating ourselves about the issue, raising awareness, knowing how to spot the signs, consuming consciously and supporting anti-slavery organisations."

To learn more about how you can support Ishaan on his mission to end modern slavery, visit stolendreams.co.uk or you can follow/message him on Instagram and Twitter @ [@ishaanshah](https://www.instagram.com/ishaanshah)



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THIS ISSUE: ACTIVISM
AND ENTREPRENEURSHIP



BEYOND BLACKK.

Beyond Blackk is an organisation founded by sisters, 17-year-old Tani and 22-year-old Tosin Ilemobola, providing free virtual mentoring sessions to empower young African and Caribbean residents in Barnet.

So far, they have matched 25 children, in years 5 and 6, with mentors and every student receives weekly Maths or English tuition, as well as 1-2-1 mentoring with a focus on character-building and goal-setting.

Beyond Blackk has teamed up with local schools and received sponsorship from Barnet & Culture for Youth, a partnership programme run by Arts Depot, and Nigerian wholesaler, Olu Olu Foods, which has helped to support the development of their mentoring schemes.

Given the impact of the pandemic on children's mental health, they have been hosting fun virtual activities such as art sessions and Afrobeats dance classes on the weekends, to help promote their students' wellbeing and to help prevent children from experiencing feelings of loneliness and isolation.

"The feedback from children, parents, and mentors has been excellent. We have seen children go up by a grade in under six weeks and children have told us that this programme is the best thing they have taken part in this year. We hope to continue to do more work in Barnet and create long-lasting change."



Beyond Blackk will take in new students from a range of year groups in the 2021/2022 academic year.

Get in touch:

Website: beyondblackk.co.uk

Email: info@beyondblackk.co.uk

Twitter: [@beyondblackk](https://twitter.com/beyondblackk)

Instagram: [@beyondblackk](https://www.instagram.com/beyondblackk)

TANI ON THE IMPORTANCE OF BLACK BRITISH HISTORY

"Growing up as a young Black British female, I never learnt anything about my own history from school which led me to educate myself.

"Learning about Black British history should be mandatory. A lot of people are unaware that Black people have been present in Britain since Roman times, contributing to, building and shaping the foundation of our society.

"The education of Black history is so important as this is a key instrument in disarming racism and ignorance.

"There are so many amazing people and historical facts and events to learn about such as Onesimus, an African slave who introduced the idea of a smallpox vaccine in Boston Massachusetts in the 1700s; during World War II, Black universities and colleges saved the lives of

50 Jews by offering a place of refuge when they were seeking asylum from Nazi Germany; Dame Elizabeth Anionwu, a British nurse who helped set up a sickle-cell and thalassemia screening and counselling centre.

"The Education in England Annual Report 2020 found that in primary schools there was a three-month attainment gap for pupils from Black backgrounds and a 4.4-month gap for Black Caribbean pupils, and this has likely increased as a result of the pandemic.

"My goal is to help tackle this attainment gap with our mentoring scheme. I am excited to have the opportunity to work with schools across Barnet to ensure we are teaching Black history in a way that enlightens young people and promotes the positivity and achievements within our culture."



THE EDUCATION OF BLACK HISTORY IS SO IMPORTANT AS THIS IS A KEY INSTRUMENT IN DISARMING RACISM AND IGNORANCE.



Frith Manor Primary School are... Winning!

Frith Manor, a primary school based in Woodside Park Barnet, are showing that you're never too young to achieve big! The school is home to some of London's (and even the world's) most extraordinary little talents.

Magical, musical fingers

7-year-old wows judges in international comp!

Elizabeth Guo, a year 3 pupil at Frith Manor Primary School, has achieved second place in the Henle International Piano Competition with an outstanding performance of the First Movement of Sonata in D, Hoboken XVI:19.

The competition was open to children aged 6-11 and entries were submitted via YouTube video.

Young pianists were tasked to play one movement from Joseph Haydn's Complete Piano Sonatas Vol. I, for the chance to win sheet music or a cash prize.

When the winners were announced in May, Elizabeth was over the moon.

Henle is a world-renowned German Music Publishing House and among the judges were some of the most prestigious professors and musicians in the classical music scene.

The competition attracted a total of 426 young players from 35 countries, which makes Elizabeth's success even more impressive!

You can check out Elizabeth's performance on YouTube by searching "Elizabeth Guo Henle Piano Competition".



When I knew that I'd won second place I was ecstatic; I felt really proud. I worked really hard practising and I love music. I put all my passion and effort into it. I play every day. It's my favourite thing to do.



#ROYALTY

Pupils of Cherry Class celebrate African culture

Pupils of Frith Manor Primary School demonstrate artistic excellence yet again, this time in a collaborative project created during last year's Black History Month.

The children of Cherry Class paid homage to the cultural roots of the Kente print, a Ghanaian textile which has become popular in the Western fashion world.

They worked together to produce a traditional African formal outfit for women, top and floor-length skirt, and named the final piece 'Kente Cloth Garment'.

The fashion piece has been accepted by the Royal Academy of Arts to be featured in their 'Young Artists' Summer Show 2021 and will also be displayed in their online exhibition. There were 33,000 entries and only 260 works were chosen, so the pupils are extremely proud of themselves.

The exhibition at the Royal Academy will take place from 13 July - 8 August. You can book to visit the exhibition by visiting royalacademy.org.uk/exhibition/young-artists-summer-show-2021 and to find out more about the Young Artists' Summer Show 2021, visit youngartists.royalacademy.org.uk/



Go Further with Barnet and Southgate College

Barnet and Southgate College has over 13,000 students, delivering more than 20 subjects across three campuses in High Barnet, Colindale and Southgate.

The diverse environment offers an excellent opportunity to meet a broader range of people, and a larger college brings with it bigger and better facilities with state-of-the-art campuses.

They offer a broad range of full and part-time courses in A Levels, foundation degrees, technical and professional qualifications, vocational training, work skills training, apprenticeships plus education and employment pathways for people with learning difficulties and disabilities.

Employability is at the core of everything they do; work placements and industry experience are integral to most courses and it's this experience that gives their students the competitive edge when looking for a job or securing a place at university.

The future economy needs a vocational and technically skilled workforce; at Barnet and Southgate College we'll expand your horizons and help you align your skills with the jobs that are out there, plus you'll be joining a friendly, supportive and successful college.

Discover the right course for you at:
barnetsouthgate.ac.uk



Enrol today: Traineeships in various industries for ages 16-24

North London Garages have expanded their traineeship offer to support careers not only in the automotive industry, but also in catering, hospitality, customer service, retail, business administration and other industries.

Their Group Training Association (GTA) traineeships work in line with the government's agenda, to ensure each applicant receives practical work experience in their chosen career field. There may be instances where applicants have more than one desired career and where possible, they will be given work experience in both areas. The aim is for at the end of the programme, each trainee is able to secure and sustain employment, start an apprenticeship or begin a Level 3 course at college.

Work experience details:

- In most cases will be located 30 minutes from your home
- Lasts between six weeks to six months
- A training officer will support you on along the way
- Travel and lunch expenses provided

The GTA Traineeship starts on **1 August 2021**.
Apply now at gtatraineeships.co.uk

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Enrolment Days
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- ✓ 6+ in chosen A-level subjects and/or
- ✓ 7+ in Biology, Chemistry, Physics, Maths
- ✓ 8+ in Further Maths

Find us online -

-  www.thetotteridgeacademy.org.uk/sixthform
-  sixthform@tta.org.uk
-  @totteridgeacad

Whitefield students give the streets of Brent Cross a facelift

GCSE and A-Level students at Whitefield School, Brent Cross, are designing a mural that will run along the hoardings near Brent Cross Shopping Centre.

Barnet Council is collaborating with Whitefield School and Brent Cross Shopping Centre to facilitate a 'large community mural' focusing on three themes: celebration, the local community through a young person's eyes, and forests.

The forest theme relates to the exact location of where the mural is set to be installed – on the site of Christmas tree store, Pines and Needles. The mural will improve the look of the area and prevent people from graffitiing.

Students submitted paintings and photographs in response to a competition the school ran - they could either create a brand-new artwork or choose an existing artwork which they felt related to the themes. The artworks have been digitally merged to create a colourful, mixed-media collage of the students' creations.

"Originally, students were hoping to paint directly onto the space as the wall was vast, but our Head of the Art and Design Ms Hodgson thought of creating a digital mural using images of the students' artworks to revamp the area, connect them to the local community as well as showcase their talent."

"Students have not only submitted pieces of art but they have also been directly involved by feeding into how the composition works as an overall digital mural, and they've expressed their excitement to be showcasing their art in such a central location."

The mural is being installed in July and the contributing students will feature in a short-film produced by Pictures For The People, a production agency that trains and works with unemployed young people from Job Centre Plus and the Prince's Trust.

We'll be documenting this fantastic community project on our @BarnetYouth_ Instagram page, so stay tuned..!



Tina Harris
Deputy
Headteacher



Georgina Hodgson
Director of Learning
Art and Design



Inst@youth, we want to hear from you!

Since launching our @BarnetYouth_ Instagram page last summer, we've grown a following of over 700 and posted video messages from a range of young people across the borough.

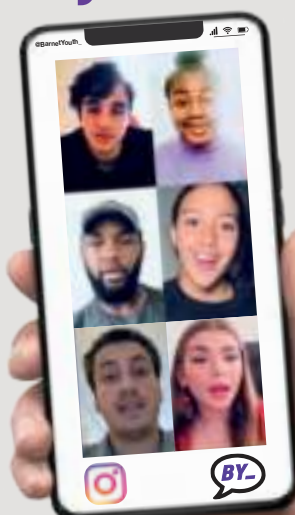
Some of our contributors include Barnet's youth panels (Youth Board, Youth Parliament and Youth Assembly), young adult care leavers from charity Live Unlimited, local athletes such as Olympic swimmer Gaurika Singh and members of Saracens Rugby Club, PLUS many other young local residents doing great things in their everyday lives, whether they're educating their peers on the negative consequences of catching COVID-19, or showcasing their singing and dancing skills to entertain the masses!

Check out our page NOW and don't forget to give us a follow!

@BarnetYouth_ is all about our teenagers and young adults having one place to access engaging and up-to-date content that's relevant to them. Not only do we include inspiring video messages from young people, but we also provide info on youth activities and events, and employment and volunteering opportunities for ages 16+.

If you'd like to feature on @BarnetYouth_, please email Danielle.gopie@barnet.gov.uk

#SeeyaOnTheGram



Are you a drinker aged 18+?

Has your drinking crept up? DrinkCoach can help with that



DrinkCoach is a confidential online coaching service to help people cut down on their drinking. Daytime, evening and weekend appointments are available.

Kate's drinking had increased during the pandemic and she was struggling to cut down. Fortunately, DrinkCoach was the support system she needed to understand her triggers and find a better way of dealing with her problems.

She's attended four sessions so far and documented each one:

Session 1: "I was very nervous about speaking to a DrinkCoach, but Jacqui was very kind and supportive with her plan of how I could move forward. She listened to me and gave very thoughtful responses. I am looking forward to speaking to her again."

Session 2: "It felt much less daunting than the first. Talking through my week really made me feel that I'd made small changes and really started to lay a good foundation. Having a new perspective and someone to bounce ideas off was incredibly helpful."

Session 3: "I found that Jacqui was a really lovely person and I felt at ease talking to her. Though it had only been a few weeks, I felt that this service had already made a really positive impact on my life."

Session 4: "It's been so helpful being able to discuss challenges and triggers and come up with solutions. Ideas for forward

planning make me feel secure and like I'm building a tool kit to use in the future."

Final thoughts: "These sessions really boost my confidence and my coach is supportive and encouraging. I would recommend the service to others."

Book your free sessions at drinkcoach.bookinglive.com and use promo code **BARNET100**

Take the free two-minute alcohol test at: drinkcoach.org.uk/alcohol-test



*Name changed for confidentiality

kooth

BARNET
LONDON BOROUGH

Are you living in **Barnet** and between the ages of **11 and 25?**

You can access free online mental wellbeing support including **counselling, discussion boards, advice articles** and **self help tools.**

Sign up at kooth.com for free, safe and anonymous support.



“Sex-Positive” Brook believes you should be who you are



Brook is the UK's leading provider of sexual health for young people under 25.



YOU DON'T HAVE
TO HAVE SEX TO
BE SEX-POSITIVE.

Brook believes in a society where young people are free to be themselves, enjoy healthy relationships, take control of their sexual health, and explore their identities. Through healthy relationships group sessions and 1-2-1s, they've been supporting Barnet's young people to lead happy and healthy lives.

Their relationships education 'meets young people where they are' in terms of their knowledge and experience, by creating a non-judgemental space to explore, learn and take positive steps. Brook is a sexual health charity but their work is broad; this year they have worked with young people experiencing bereavement, friendship issues, school stress, big life changes and people with questions about sexuality. All these parts of their lives are interconnected and impact on their wellbeing.

In 1-2-1s, young people get the chance to take the lead and talk about topics that are important to them. Many express that they've never had a space like this before that is focused on them; exploring their needs, wants and goals for the future.

Here's what young people had to say about Brook's relationships support:

I ENJOYED THE FACT THAT I HAD GOALS TO SET FOR MYSELF, AND SOMEONE TO PERSUADE ME 'CAUSE I COULDN'T REALLY DO IT BY MYSELF.

I'VE LEARNT TO TAKE THE INITIATIVE FOR MYSELF IF I HAVE A PROBLEM AND THAT IF I WANT TO GET SOMEWHERE, I'M GOING TO HAVE TO WORK HARD.

IF I SEE ANYONE WHO'S NOT HAVING A GOOD DAY, THEN I CAN TEACH HIM/HER WHAT [BROOK] TAUGHT ME; CONSENT, RESPECT, LOVING YOURSELF BEFORE LOVING ANYONE ELSE, THAT THERE'S MORE TO LIFE THAN JUST A RELATIONSHIP...

LOVE WHOEVER YOU WANT TO LOVE AND LOVE YOURSELF UNCONDITIONALLY. I ALWAYS WISHED I HAD REALISED SOONER THAT WHO YOU ARE IS NOT FOR OTHERS TO DECIDE.

To find out about Brook's outreach and educational services in Barnet, please visit: brook.org.uk/outreach-and-education/outreach-barnet/

Early help – supporting you and your family

Perinatal mental health support

Mental health issues can affect us any time, even during pregnancy and childbirth. If you have mental health issues at this time then you are not alone - one in five women do so. Do not let it get in the way of you enjoying your pregnancy and relationship with your baby. Like any physical health issues that arise during pregnancy and afterwards, women can be vulnerable to mental health issues such as depression and anxiety.

In Barnet, the Specialist Perinatal Mental Health Service ensures that women get access to care and support when they need it. If you are struggling with your mental health, feel isolated, ashamed or guilty, let your GP, midwife or health visitor know and they will refer you to the Specialist Perinatal Mental Health Service who can help you to feel yourself again.

Breastfeeding support team

Questions about what is safest for your baby during the outbreak of the COVID-19 pandemic are common for any new parent. The evidence is overwhelmingly in support of breastfeeding, exclusive breastfeeding helps your baby to thrive.

There is no scientific evidence to suggest the transmission of active COVID-19 can occur through breast milk. Breast milk provides antibodies that give babies a healthy boost and protects them against many infections.

If you are feeling too sick to nurse, try expressing milk and giving to your child via a clean cup or spoon. Expressing breast milk is also important to sustain milk production so you can breastfeed your child again when you feel well enough to do so.

If you are concerned or unsure, please contact the Barnet Breastfeeding Support team on CLCHT.Breastfeedingsupport@nhs.net or **07815 717055**.

Don't forget your child's immunisations

If fully immunised, by the time a child starts school they are protected against 14 serious and potentially fatal diseases. Many of the diseases we protect against in the UK such as diphtheria are no longer seen in this country due to high levels of vaccination; however, they are still prevalent in many other countries of the world. Call your GP to find out more.

Children's Centres and 0-19 Early Help Hubs

0-19 Early Help Hubs provide preventative support to children, young people and their families from pregnancy up to the age of 19 (or 25 if they have special educational needs or disabilities).

Our local Children's Centres and Early Help Hubs deliver a range of services, including:

- Childcare
- Early education and school readiness
- Family support
- Health services
- Community services
- Adult learning, employment training and welfare support

Children's Centres are open 9am to 5pm weekdays. For more information about what is available and how to access support:

Visit www.barnet.gov.uk/0-19

Email fis@barnet.gov.uk Freephone **0800 389 8312**.

Find your nearest Children's Centre:

www.barnet.gov.uk/childrens-centres

FACT Before the diphtheria vaccine was introduced in 1942, there were up to 60,000 cases of diphtheria a year, causing up to 4,000 deaths; in 2020 there was one reported case of diphtheria in the UK (Health Protection Report, April 2021).

Do you, or someone you know need a new home?



The Finchley Charities have been providing quality sheltered housing in a supportive community environment, across three sites in East Finchley and Finchley Central.

If you have lived in the Borough of Barnet for at least five years of your life, we can provide homes for individuals and couples aged over 55, in need of sheltered housing and able to live independently.

If this sounds like you or someone you know in need of a new home, please contact us on:

020 8346 9464 or email: info@thefinchleycharities.org to discuss eligibility.

☎ 020 8346 9464

✉ info@thefinchleycharities.org

🌐 www.thefinchleycharities.org

 **The Finchley Charities**

More than housing since 1488



WILD WORLD HEROES

Presented by The Reading Agency.
Delivered in partnership with libraries.

Summer Reading Challenge 2021

This summer, Barnet Libraries' Summer Reading Challenge is back! **Wild World Heroes** takes you on a trip to Wilderville, with help from WWF, for a special nature-themed challenge that will inspire you to stand up for the planet. With amazing books, amazing rewards and lots of ideas for taking care of the environment, why not join us?

Children aged 5 to 12 can join the challenge at any Barnet library or online. Collect a pack with your folder and stickers and you can choose books to read from the library. Or read eBooks on our **Libby** app or eAudiobooks on our **Borrowbox** app.

Can you read six books before the end of the summer holidays?
If you complete the challenge, come back to the library for your certificate and medal!

Join in with our programme of **Wild World Heroes** events too. For more information and full details visit www.barnet.gov.uk/wildworldheroes
Wild World Heroes starts on Saturday 10 July.



@barnetlibraries

Positive feedback from happy campers

The school holidays are a time for children and young people to relax and have fun. Barnet’s Active, Creative and Engaging holidays (BACE) was recently named by Barnet’s young people and highlights exactly what our holiday programme is all about! We believe that every family across Barnet deserves a healthy and fulfilling holiday.



After attending the Easter holiday programme parents have shared their positive feedback:

“Has made my son’s experience better with outdoor activities and mixing with other kids”

“All sessions were done very professionally. Face to face sessions were excellent”

“Staff were very welcoming and helpful, and my son felt included and was encouraged to participate - he loved it”

“This has been a lifesaver for us. Letting the kids have something to look forward really helped with their mood and got them moving and active. We would not be able to afford it if we had to pay”

“It is wonderful to have these opportunities to reconnect with local communities, meet other children and young people and ‘escape’ into creative activities and sports”



Sign up to our BACE Summer Holidays which includes enriching activities such as dance, circus skills, art, baking and much more. BACE Holiday is for all children aged 5-16 who are in receipt of Free School Meals.

Get involved!

Register at: www.barnetyouth.uk/BACEholidays

Experience the outdoors at Livingstone Primary and Nursery School

Bordering Hadley Wood and within walking distance of Trent Park, Livingstone Nursery combines all the benefits of a forest school experience with a stimulating early years curriculum.

An enclosed woodland, located within the school itself, offers opportunities for nature walks and discovery learning. The area includes a fairy garden, story-reading circle, bug hotel, and covered pond in which children can see insect life, frogs and goldfish.

Activities are regularly updated to provide children with new experiences; a water activity and mud kitchen have been recently added.

Once a week, we open this space to our toddler group, and prospective parents are welcome to visit at these times to get a sense of the opportunities for creative learning afforded by our nursery in this unique woodland setting.

We offer full-time and part-time places for 3-4 year olds, including breakfast and after-school clubs. Our spacious classrooms and well-equipped playground area, designed specifically for early years, provide a safe, inclusive and nurturing learning environment.

There is a library area in the classroom, and our children also have access to the main school library to inspire a love of books and reading.

“Our focus in early years is laying the foundations for learning through activities and play; we teach literacy including phonics, mathematics, communication and language, physical development, personal, social, and emotional development, and expressive arts and design,” said Giovanna Phelan, Head Teacher at Livingstone Primary.

“This woodland wonder is a magical experience that all children should discover...” Nursery parent at Livingstone.



Livingstone Primary and Nursery School,
 Baring Road, New Barnet, Hertfordshire, EN4 9BU
 Tel - 0208 449 2592
 Email - office@livingstone.barnetmail.net

New parent hub

Barnet's new Parenting Hub is based at The Hyde Children's Centre and Primary School in Hendon and will be providing highly specialised support to help parents develop secure and healthy relationships with their children. The Hub is getting ready to open its doors to families with children under 5 later in the summer.

Tina McElligott, Family Services Director said: "I am very excited about the development of the Parenting Hub, our approach is informed by evidence that tells us intervening early in a child's life, particularly the critical stages between the ages of nought and two, is essential to good, healthy child development and secure attachments.

Our Parenting Hub will provide support to families living across Barnet and will link closely to our Children's Centres and 0-19 Early Help Hubs and wider Family Services ensuring whole system support. I look forward to seeing the positive difference the service will make in families lives"

Creating parent champions

Another scheme, funded by the Mayor's Office for Policing and Crime (Mopac), involves creating 'parenting champions' who support parents in their area, offering advice and guidance and discussing local services. The initiative is run in partnership with the charity Khulisa.

The charity has engaged with 100 parents from Grahame Park in the west of the borough who are representative of marginalised communities, whose children could be at risk of crime or exploitation. "Sixteen of these parents have become parent champions and will be joining with us in doing some work around advocacy, recruiting other parents and training them. It's been a really successful project," Tina McElligott said.

Empowering Parents and Communities

Finally, our Family Services team are taking part in training for Empowering Parents Empowering Communities (EPEC). This is a parenting programme led and delivered by local parents. "We will be recruiting parents to deliver this programme soon. The programme will enhance the range of parenting schemes we already deliver and add to the great work that champions and volunteers already do in the borough," said Debra Davies - Early Years Strategic Lead. Training will take place in September, in view of rolling out the programme early 2022.

For more information please email: Debra.Davies@barnet.gov.uk



WE'RE RECRUITING!

This year we celebrated The Fostering Network's national campaign, Foster Care Fortnight (10-23 May), to raise awareness of the transformational power that fostering has on the lives of children and young people and those who care for them.

Due to COVID-19 restrictions, we were not able to hold our usual in-person events to help spread our message. Instead, we took to social media to share video testimonials from our valued foster carers and care experienced young people, as well as hosting a virtual Fostering Extravaganza and launching an eye-catching outdoor poster campaign which you may have seen on bus stops and poster sites across Barnet.

There are more than 65,000 children living with almost 55,000 foster families across the UK, and 328 of those children are in Barnet. Every child deserves a safe and loving home and we're on a mission to provide the best possible care for Barnet's looked after children.

You could have what it takes to become a Foster Carer but you'll never know unless you get in touch!

Are you overwhelmed by the idea of fostering or not sure what to expect? Our friendly staff are here to tell what fostering is all about and whether you would qualify to welcome a child or young person into your home.

Find out more by emailing fostering@barnet.gov.uk or call 0208 3596274.

You can also visit our website: barnet.gov.uk/fostering



BARNET Fostering

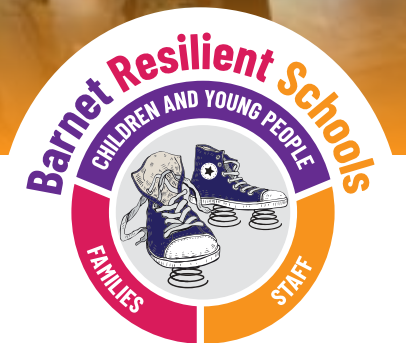


“ I felt scared, when I first came to live with my Foster carer, but it helped that I could stay with my brother as I didn't feel so alone. ”



Join our Fostering community today and see how you can change a child's life.
WWW.BARNET.GOV.UK/FOSTERING • 020 8359 6274





Supporting mental health through building resilience and awareness

The growing number of children and young people experiencing poor mental health is one of the greatest challenges facing our schools.

One in 10 young people have some form of diagnosable mental health condition and we know that half of these are established before the age of 14.

The mental health and wellbeing of children and young people can affect them for the rest of their lives. Supporting their mental health at this early stage can help them cope better with life's setbacks now and in the future.

The Resilient Schools Programme takes a whole-school approach to promote and build resilience in schools, raise awareness of mental health and address concerns early on.

Resilience in schools is seen when pupils, parents/carers and staff have a greater ability to "bounce back" when faced with difficulties so that they can achieve positive outcomes.

The Programme aims to:

- Help staff, parents and pupils to recognise their own and others mental wellbeing needs and be confident to access information to support.
- De-stigmatise mental health
- Intervene early to prevent escalation of mental health problems

Sally Neaves, Assistant Head of Childshill Primary School, has been on the project from the beginning. She says: "Our aim as a school is to equip our children with powers and knowledge to be able to be resilient in an ever-changing world.

"Not only did the resilience schools project do this, it also opened up our entire communities eyes to the benefits of resilience and mental health. We now know that we stand united in our shared goal for our children - resilience is power!"

Since its pilot in 2017 the programme has steadily grown to incorporate just over half of all Barnet schools with more joining for 2021/22.

The Programme offers mental health training, peer champion training for secondary schools, support forums for staff and has ensured that over 85 schools have a fully trained mental health first aider.

In addition, it provides guidance, support and evidence-based research and resources to schools to ensure that wellbeing is front and center in a school's approach to supporting their communities.



Get active this summer

Summer is finally here, so what better time to get out, explore your local area and get active?

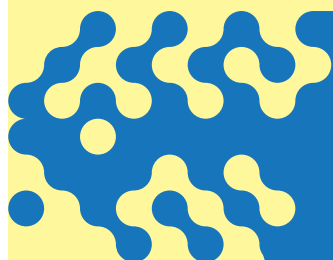
You may not know it, but there are lots of opportunities available in the borough to keep you active and help you reap the physical and mental health benefits of doing so:

- Visit one of the borough’s leisure centres at Barnet Copthall, Burnt Oak, Finchley Lido, Hendon or New Barnet. With their diverse mixes of facilities and programmes you’ll be spoilt for choice
- Under 8’s can swim for free and 8–15-year olds can swim for £1 from Monday to Saturday at Barnet Copthall, Finchley Lido and New Barnet Leisure Centres (COVID-19 restrictions may apply, and presentation of a FAB Card is required)
- Participate in one of the borough’s free Parkrun events at Oak Hill Park, Sunny Hill Park or Friary Park (junior event). Collectively Barnet’s Parkruns have clocked up 370,000km (as of April 2021) – only 13,000 km away from reaching the moon!
- Work up a sweat at a free Our Parks Bootcamp or Family Fit session in Montrose Playing Fields
- Enjoy a friendly stroll at a Barnet Health Walk (led by qualified Walk Leaders, £2.80 per walk or block booking discounts available)
- Unlock hidden facts about Barnet by participating in a Healthy Heritage Walk (free audio guided walks)
- Make use of the many facilities the borough’s parks and open spaces have to offer including Active Trails (pre-measured walking and cycling routes), tennis courts, outdoor gyms and much more!



Remember, as a Barnet resident you are entitled to a free FAB membership offering discounted opportunities across the borough’s five leisure centres and community programmes.

To register for your FAB Card or for more information on any of the above opportunities please visit www.better.org.uk/fab-hub



Get active and keep moving

It's important for children and young people to engage in a variety of physical activity across the week to develop movement skills, muscular fitness, and bone strength.

Children and young people should minimise the amount of time spent sitting down, and when possible should break up long periods of not moving with light physical activity.

There are many ways families can build physical activity into their lives. Being physically active is easier than you think, especially if you make activity part of your daily routine.

Walking

Walking is a great way to get more exercise into your day, helping to improve your health and wellbeing. Taking part in a friendly health walk gives you the chance to meet with other people and explore your local area. To find out more please visit: www.barnet.gov.uk/health-walks

The Mayor of Barnet's Golden Kilometre



Active trails are pre-plotted routes of 1k, 2.5k or 5k which can be walked, run or cycled at your own pace - all for free. Active trails support **The Mayor of Barnet's Golden Kilometre** initiative which was launched in 2015.

The Golden Kilometre aims to encourage primary school children to exercise and inspire young people to lead healthier and more active lifestyles.

To check if your child's school is involved in this initiative or to find out more information please get in touch, email Sharon.smith@barnet.gov.uk

Each trail map contains the route location, distance and difficulty rating of 1 to 4 (1 = easy and flat, 4 = difficult and hilly). Most of the routes cross footpaths and grassed areas, therefore may be muddy and / or uneven, making them unsuitable for wheelchairs and pushchairs.

Routes in Friary Park, Oakhill Park, Sunny Hill Park and Montrose Park are entirely on footpaths making them suitable for all users.

For more information please visit: www.barnet.gov.uk/parks-sport-and-leisure/walks-and-trails/walking-running-and-cycling-trails

Get moving as a family

Below are some great activities to do as a family to get more active.

Change4Life and Disney have teamed up again to bring you new Shake Up games inspired by Disney's and Pixar's Toy Story 4 and Incredibles 2, and Disney's The Lion King and Frozen.

These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day. Find out more by visiting www.nhs.uk/change4life/activities



change 4 life

Ideas for the family

- Disco in the lounge to music
- Make an obstacle course
- Get skipping
- Play hide and seek
- Play hopscotch
- Hula hoop – how long can you keep going for?
- Limbo with a broom or stick – how low can you go!
- Leapfrog over each other
- Hop on the spot for 10 minutes



Help shape the future of Barnet

We are developing the new Local Plan which sets out how Barnet will benefit from well-planned good growth looking ahead to 2036.

Good growth is about using Barnet's advantages to deliver sustainable growth that works for everyone, contributing to strong and cohesive, family friendly communities, promoting healthy living and wellbeing, as well as delivering the homes that the borough needs. We want to make Barnet a place of economic growth and prosperity that is fit for recovery from COVID-19, creating an environmentally sustainable borough that has built resilience to climate change. And most importantly good growth needs to be supported by the timely delivery of infrastructure such as new schools, open spaces and healthcare facilities as well as transport improvements to provide more options including cycling and walking for getting around Barnet.

Have your say

Our town centres, regeneration areas (such as Brent Cross and Colindale) and places with good public transport will be sustainable places where Barnet can successfully develop and meet the needs of a growing population.

The Local Plan will be submitted later this year to the Government's Planning Inspectorate for examination. It is the version that the council seeks to adopt, subject to that examination, as the framework for decision making on planning.

We would like your views on the Local Plan to ensure that as Barnet grows it continues to be a place where people choose to make their home. Have your say: engage.barnet.gov.uk

Equalities, Diversity and Inclusion Policy 2021 - 2025

The council has set out its commitment to advancing equality, tackling discrimination and ensuring diversity and inclusion is integral to everything the council does.

The Equalities, Diversity and Inclusion (EDI) Policy was agreed by the Policy and Resources Committee on 16 June and provides an overall vision and action plan for the next four years, which aims to ensure the borough is a place which is fair, inclusive and safe for all its communities.

The policy highlights how diverse the borough is and the importance of the local authority reflecting this diversity. It also outlines the council's commitment to go above and beyond the legal duties which local authorities must fulfil.

The action plan sets out how the council will shape services for residents which actively address inequality and exclusion, as well as the high standards the council will continue to expect of itself.

Read our vision for equality

The policy was developed in collaboration with a range of external stakeholders and included a public consultation held between October and December of last year.

You can view the consultation results and the final policy at: engage.barnet.gov.uk





SUPPORT YOUR LOCAL HIGH STREET AND SHOP SAFELY

Following such a difficult year, your local high street needs your support now more than ever.

Our local shops and services are at the heart of a buzzing, caring and vibrant community. By shopping locally you are helping to secure jobs for local people and ensure our high streets continue to exude the unique personality and charm that only the passion of our homegrown retailers can bring.

MEET SOME OF THE PEOPLE BEHIND BARNET'S LOCAL BUSINESSES:

BRIAN

BLACK GULL BOOKS
EAST FINCHLEY



“I think this unprecedented pandemic has in its wake shown us what it is to be a community on the high street and why it’s necessary. To be on your local high street is to be not alone. That’s what we’re all looking for – and your high street shop is the place it’s going to happen.”

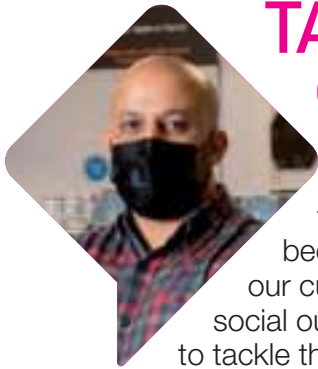
URSULA

THE FLOWER BANK
NEW BARNET



“It’s important to shop locally because it makes our community stronger, safer and a happier place to live. This year has been like no other, so it’s even more important than ever to support your local shops because retail through COVID-19 has been really badly damaged.”

DISCOVER YOUR LOCAL HIGH STREET AND SHOP SAFELY. SEARCH ‘DISCOVER BARNET’



TAOUFIK

**CAFÉGENIC
HENDON**

“I think it’s really important to support local businesses because we are very close to our customers and provide that social outlet for people. We can help to tackle the impact the pandemic has had by bringing people together in a safe way.”



AVI

**MANNA DELI
BRENT STREET**

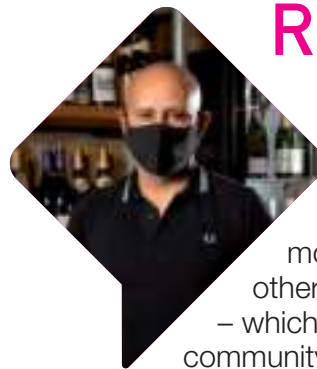
“If the community shops locally, it makes the high street more lively. People come not only to shop but also to meet each other. While shopping they chat and catch up, so it makes a good, amicable experience of shopping when you shop locally.”



DANIELA

**TOP STITCH
TEMPLE FORTUNE**

“It’s important to support the local high street, especially now, as we help to keep the community together. We offer a safe space for people to shop, where you can walk to the shops, touch and feel the products and we can build a relationship with you.”



RIAZ

**STONEWINES
WHETSTONE**

“If you shop locally, we are effectively recycling that money and ensuring it goes to other local people and businesses – which regenerates the local community. If you come and visit us, we’ll make sure we can spend time with you to offer expertise and help you make the right purchase.”



CHRISTIAN

**EBONY & IVORY
COLINDALE**

“Over the years we’ve had many generations coming through – sons and daughters and grandfathers and grandmothers. By shopping locally, you can feel and touch the instruments and ask for advice. On the internet you just don’t get that personal experience.”



GARY

**ROCKMAN JEWELLERS
MILL HILL**

“It’s really important to shop locally and support the local high street. Having a high street is so important for everyone, for our wellbeing. Without it, there would be no hub for the community – and it would make our local area a very dull place to live.”

Whether you’re visiting your old favourites, discovering hidden gems or supporting a newly opened venue, take time out to Discover Barnet and reacquaint yourself with your local high street. You never know what you might find!

DISCOVER YOUR LOCAL HIGH STREET AND SHOP SAFELY. SEARCH ‘DISCOVER BARNET’

86-tonne landmark on new railway station

It weighs 86 tonnes, is 32m long, has been lifted into place by a 750-tonne crane, and when it opens next year it will offer something that pedestrians and cyclists haven't had for 150 years



We are referring to the Eastern Overbridge at Brent Cross West station, which had the first part installed over the May Day bank holiday weekend.

The bridge is the most visible part of the rail works to date and will open at the same time as the station in December 2022.

It will offer pedestrian and cycle access across this part of the Midland Main Line for the first time since the mid-19th century.

The bridge was installed during the May Day weekend as part of a series of key weekends during the April and May bank holidays.

The second part of the bridge was delivered to site in July and will be installed later this year.

You can see a video of the work and find out more about the new station at TransformingBX.co.uk/brentcrosswest



Regeneration programme is changing lives

Last year Tony was homeless. Now he has a job and a sense of purpose, after a chance meeting led him to being recruited to help build Brent Cross West station.

Tony is now a popular part of the team, and has had a bespoke training programme created for him on the project.

He said: "This opportunity has changed my life."

Tony has lived in Barnet for more than a decade, and where possible our target is that at least 20% of the people working across the site are local residents of Barnet or the neighbouring boroughs of Brent and Camden.

His story is just one of many as we aim to transform lives with the Brent Cross Cricklewood regeneration programme, by building a new community, creating new jobs, supporting good causes in the community, and offering new opportunities such as apprenticeships or with initiatives such as Women Into Construction.

Find out more at transformingbx.co.uk/opportunities



For more information about the Brent Cross Cricklewood regeneration programme, or to sign up to receive our e-newsletter, visit transformingbx.co.uk

Have a question about the project? Email us at TransformingBX@barnet.gov.uk or follow us on Twitter [@TransformingBX](https://twitter.com/TransformingBX)



Hendon Hub Project Team meet local residents about development proposals

The Hendon Hub Project Team met with residents to discuss proposals for the new Hendon Hub development.

Residents were able to view the proposals and give their feedback at face-to-face events that took place at an outdoor location at Middlesex University in Hendon.

The project team was on hand to answer questions from local residents about plans including our proposals for a new library, student accommodation, the relocation of PDSA Pet Hospital and nearby Fuller Street car park, and other community organisations located at The Burroughs.

Some additional options are being considered, including proposals for key worker accommodation, a neighbourhood community safety team office and a public health community facility.

Virtual presentations on the proposals were held during March and May. You can view all the consultation material that has been used to date on the project website www.hendonhub.co.uk

Barnet Council would like to thank everyone who has attended the consultation events online and in person, giving their time to provide their feedback. The consultation and the feedback is invaluable to how the development is shaped. We have considered the feedback, and we will put forward our recommendations to elected members for their consideration this summer.



The Hendon Hub consultation launched at the end of February and closed in June. For more information, visit: www.hendonhub.co.uk or email hendonhub@glhearn.co.uk

Council secures loan to help environment

Barnet Council has invested £400,000 to install solar panels and other energy-saving devices at 14 of its properties after securing an interest-free loan to help the environment.

The investment programme, secured under the Greater London Authority's Retrofit Accelerator (previously known as REFIT), enabled the council to install eco-friendly devices in properties including libraries, offices, and depots.

The investment will enable the council to save £60,000 per year in energy costs, as well as preventing 140 tonnes of CO₂ emissions per year.

New energy-saving techniques installed by Barnet Council include LED lighting, solar panels, and more efficient boilers.

Barnet Council will continue to proactively identify energy saving initiatives across its buildings. The project was funded by Salix Finance through interest-free government funding to the public sector to improve energy efficiency, reduce carbon emissions and lower energy bills.



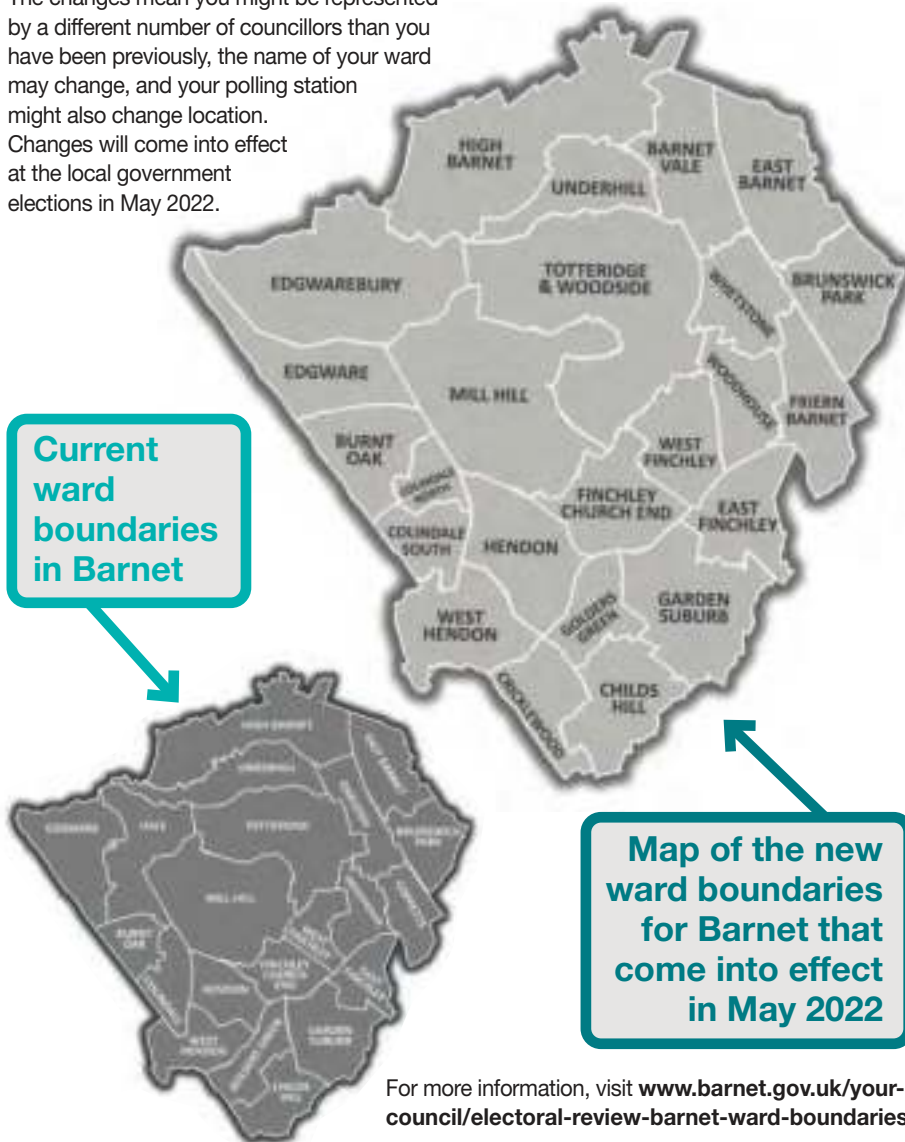
New wards coming in 2022

Barnet is one of 25 London Boroughs to have recently undergone an independent electoral review by the Local Government Boundary Commission for England (LGBCE).

The LGBCE review local government ward boundaries periodically to ensure each councillor represents approximately the same number of voters, that the ward boundaries reflect the interests and identities of local communities and promote effective local government.

How might Barnet's new ward boundaries affect you?

The changes mean you might be represented by a different number of councillors than you have been previously, the name of your ward may change, and your polling station might also change location. Changes will come into effect at the local government elections in May 2022.



For more information, visit www.barnet.gov.uk/your-council/electoral-review-barnet-ward-boundaries

Face-to-face council committee meetings resume

Meetings returned to Hendon Town Hall earlier in the summer with COVID-19 secure measures put in place to allow limited public attendance.

Although the public can now access the town hall to attend, capacity may be limited so it is recommended that people continue to use the available live audio stream to follow committee meetings.

People who still wish to attend in person should be aware of the following:

- The public will be admitted on a first-come-first-served basis. The only exception to this is will be planning committee meetings where the public will be admitted in groups for each application
- If you are attending for a planning committee meeting, you may be required to wait outside the Town Hall for a considerable period before you can access the building (i.e. when your item is due to be decided). Please dress accordingly and be patient with officers who will be trying to manage the throughput of the public to enable everyone to see their item being decided by the committee
- An officer will be present to manage the Town Hall reception area. If you are a registered speaker, please advise the governance officer at the entrance so that they can tick you off the attendance list
- The public will only be admitted 10 minutes before the meeting is due to start. Please follow officers' instructions.
- If you have special requirements, please let us know in advance or when you present at the Town Hall on the day.

By-election and London Assembly election results

At the local elections in May, Nick Mearing-Smith (Conservative) was elected the new councillor for Edgware ward and Nicole Alison Richer (Conservative) was elected the new councillor for East Barnet ward.


Nicole Alison Richer fills the vacancy that resulted from the resignation of Cllr Jo Cooper. Nick Mearing-Smith fills the vacancy that resulted from the passing of Cllr Brian Gordon in autumn 2020.

Residents also voted in the Mayor of London and London Assembly elections. Anne Marie Bates Clarke (Labour) was elected as the new Assembly Member for the Barnet and Camden constituency.



Contact your councillors

Brunswick Park



Cllr Kathy Levine
 Cllr Lisa Rutter
 Cllr Roberto Weeden-Sanz

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 cllr.l.rutter@barnet.gov.uk
 cllr.r.weeden-sanz@barnet.gov.uk

Edgware



Cllr Linda Freedman
 Cllr Nick Mearing-Smith
 Cllr Sarah Wardle

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 cllr.n.mearing-smith@barnet.gov.uk
 cllr.s.wardle@barnet.gov.uk


Mill Hill



Cllr Gohar Bokaei
 Cllr Valerie Duschinsky
 Cllr John Hart

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 cllr.j.hart@barnet.gov.uk


Burnt Oak



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 Cllr Ammar Naqvi
 Cllr Charlie O-Macauley

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Finchley Church End



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 Cllr Jennifer Grocock
 Cllr Daniel Thomas

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 cllr.j.grocock@barnet.gov.uk
 cllr.d.thomas@barnet.gov.uk


Oakleigh



Cllr Sachin Rajput
 Cllr Thomas Smith
 Cllr Stephen Sowerby

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Childs Hill



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 Cllr Shimon Ryde
 Cllr Peter Zinkin

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Garden Suburb



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 Cllr John Marshall
 Cllr Gabriel Rozenberg

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Totteridge



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 Cllr Alison Cornelius
 Cllr Caroline Stock

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Colindale



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 Cllr Gill Sargeant
 Cllr Zakiya Zubairi

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 cllr.z.zubairi@barnet.gov.uk

Golders Green



Cllr Dean Cohen
 Cllr Melvin Cohen
 Cllr Reuben Thompstone

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 cllr.m.cohen@barnet.gov.uk
 cllr.r.thompstone@barnet.gov.uk


Underhill



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 Cllr Paul Edwards
 Cllr Tim Roberts

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 cllr.p.edwards@barnet.gov.uk
 cllr.t.roberts@barnet.gov.uk


Coppetts



Cllr Pauline Coakley Webb
 Cllr Reema Patel
 Cllr Barry Rawlings

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 cllr.b.rawlings@barnet.gov.uk

Hale



Cllr Lachya Bahadur Gurung
 Cllr Laithe Jajeh
 Cllr Elliot Simberg

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 cllr.e.simberg@barnet.gov.uk


West Finchley



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 Cllr Kath McGuirk
 Cllr Danny Rich

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 cllr.k.mcguirk@barnet.gov.uk
 cllr.d.rich@barnet.gov.uk


East Barnet



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 Cllr Nicole Richer
 Cllr Laurie Williams

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 cllr.n.richer@barnet.gov.uk
 cllr.l.williams@barnet.gov.uk


Hendon



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 Cllr Mark Shooter

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 cllr.m.shooter@barnet.gov.uk


West Hendon



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 Cllr Alex Prager
 Cllr Helene Richman

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 cllr.a.prager@barnet.gov.uk
 cllr.h.richman@barnet.gov.uk


East Finchley



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 Cllr Arjun Mitra
 Cllr Alison Moore

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 cllr.a.mitra@barnet.gov.uk
 cllr.a.moore@barnet.gov.uk


High Barnet



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 Cllr Wendy Prentice
 Cllr Julian Teare

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 cllr.w.prentice@barnet.gov.uk
 cllr.j.teare@barnet.gov.uk

Woodhouse



Cllr Geof Cooke
 Cllr Anne Hutton
 Cllr Alan Schneiderman

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 cllr.a.hutton@barnet.gov.uk
 cllr.a.schneiderman@barnet.gov.uk

Full Council meetings

Hendon

Council - Tuesday 27 July 2021, 7pm, at Hendon Town Hall, The Burroughs, London NW4 4BQ (see page 38 for information on attending meetings).

Resident Forums

You can find the dates of the residents' forums on: barnet.moderngov.co.uk

For more information and for venue details, please visit: barnet.moderngov.co.uk

For details of surgeries, email: first.contact@barnet.gov.uk

Or write to us:
Members' Room,
Hendon Town Hall,
The Burroughs,
Hendon, NW4 4BG

SUMMER 2021 FESTIVAL



**DISCOVER BARNET
PRESENTS IS BRINGING
A SUMMER TO BARNET
LIKE NO OTHER –
AND EVERYONE IS INVITED!**

Discover Barnet Presents encourages the safe return to our town centres, high streets, parks and open spaces.

The borough-wide summer festival programme showcases local talent, local businesses, local communities and everything that makes Barnet a great place to live. The majority of the programme's events and activities are free to attend.

CELEBRATE SUMMER SAFELY

Please ensure you follow government guidelines when attending any Discover Barnet Presents events. All events are taking place outside and will be delivered in line with government guidelines. Do not attend if you have symptoms of COVID-19 – stay at home.

PROGRAMME HIGHLIGHTS INCLUDE:

COMMUNITY CARNIVALS

24 & 25 July,
North Finchley Community Carnival, Lodge Lane Car Park
21 & 22 August,
Edgware Community Carnival, Boardwalk Car Park

WALKABOUT TOWN CENTRE PERFORMANCES

17 & 18 July, **Cricklewood**
31 July & 1 August, **Golders Green**
7 & 8 August, **Burnt Oak**
14 & 15 August, **West Hendon**

BARNET SUMMERTIME

28 & 29 August, **Barnet Playing Fields**

Programme may be subject change.

For the full programme, visit: www.engage.barnet.gov.uk/discoverbarnetpresents



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HM Government

