



0-19 Early Help Hubs

**The
Incredible
Years™**



Parents, teachers, and children
training series

Start Date: Tuesday 6th May 2025
Finish Date: Tuesday 1st July 2025

Graduation Date: Tuesday 8th July 2025

8-week Parenting Programme
Time: 12:30pm – 2:45pm
**Venue: Barnet Southgate College (Colindale
Campus),**
7 Bristol Avenue, NW9 4BR

This course will help you to:

- **Gain an insight in to understanding your child.**
- **Develop better communication with your child.**
- **Build positive relationships within the family.**
- **Handle misbehavior using positive attention and Incentives to encourage cooperative behaviour.**
 - **Learn new parenting survival techniques.**

For more information, please contact:

Sasha Semeina – 07547662340

Hannah Griffin - 07592115781



www.barnet.gov.uk/0-19

