

velkommen
welcome
willkommen
bienvenue
benvenuto
boas-vindas
välkomna
bienvenida
welkom
powitanie
vitajte
tervetuloa

Benefits

Housing

Domestic Abuse

Education



Barnet
A Sure Start Children's Centre

**Child and Family
Early Help**

Barnet Early Help Team are offering Triple P Parenting Programme



Purpose of the Group

The Triple P – Positive Parenting Programme is a children and family support group designed to help children realise their potential.

Triple P gives parents tools and skills to build strong relationships, manage their children's behaviour and to try and prevent challenges happening.

The aim is to increase the knowledge, confidence and skills of parents to reduce the occurrence of mental health, emotional and behavioural challenges in children and adolescents.

The overall aim is to enhance family relationships

Start Date: 4th November 2025

Finishing Date: 23rd December 2025

Time: 10.00 – 12.00pm

Ages: up to 12 years old

Venue: West Hub, Barnet and Southgate College, NW9 4BR

There will be four face to face group sessions and four 1-1 telephone sessions

For further information please contact:

Diane Bovel - 020 8359 6103

Dipti Shah - 020 8359 3590

Anisa Musaj – 07879488343

To make a referral please follow the Universal Plus form link below:

[Make a referral to the Early Help team | Barnet Council](#)



Child and
Family
Early Help



Childrens
Centres

Caring for people, our places and the planet



www.barnet.gov.uk/directories/childrens-centres
www.barnet.gov.uk/earlyhelp

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